

Week commencing 15 April 2024

Birchwood High School Lunch

<u>MONDAY</u>	<u>TUESDAY</u> <u>Thai Themed</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u> <u>Roast Day</u>	<u>FRIDAY</u> <u>Treat Day</u>
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Pasta bolognaise served with peas, carrots and a side of garlic bread.	Thai green chicken curry and rice served with saucy Thai green beans and stir-fried vegetables.	Chilli con carne and rice served with peas, sweetcorn and taco chips.	Roast chicken and stuffing served with roast potatoes, carrots, broccoli, Yorkshire pudding and GF gravy.	Chicken burger in a sesame bun and chips served with peas and baked beans.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Vegetable arrabiata served with pasta, peas, carrots and a side of garlic bread.	Thai green tofu curry and rice served with saucy Thai green beans and stir-fried vegetables.	Quorn chilli and rice served with peas, sweetcorn and taco chips.	Stuffed mushroom topped with cheese served with roast potatoes, carrots, broccoli, Yorkshire pudding and GF gravy.	Halloumi burger and salad in a sesame bun and chips served with peas and baked beans.
HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

We understand that food allergies can present a serious concern for some of our students.
If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
*Menu may be subject to change

Week commencing 22 April 2024

Birchwood High School Lunch

<u>MONDAY</u>	<u>TUESDAY</u> <u>Italian themed</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u> <u>Pie Day</u>	<u>FRIDAY</u> <u>Treat Day</u>
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Breaded chicken in a katsu sauce served with rice, sweet chilli green beans and sweetcorn.	Chicken saltimbocca with herby mashed potato, ratatouille, roasted green beans and garlic bread.	Sausage plait and homemade potato wedges served with carrots, peas and GF gravy.	Beef and onion pie and roast potatoes served with honey roast parsnips, green beans, Yorkshire pudding and GF gravy.	Battered fish and chips served with mushy peas and baked beans.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Vegetable madras served with rice, sweet chilli green beans and sweetcorn.	Creamy mushroom gnocchi served with ratatouille, roasted green beans and garlic bread.	Vegetable wellington and homemade potato wedges served with carrots, peas and GF gravy.	Leek and potato pie and roast potatoes served with honey roast parsnips, green beans, Yorkshire pudding and GF gravy.	Quorn fish free fingers and chips served with mushy peas and baked beans.
HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING
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Week commencing 29 April 2024

Birchwood High School Lunch

<u>MONDAY</u>	<u>TUESDAY</u> <u>Mexican themed</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u> <u>Roast Day</u>	<u>FRIDAY</u> <u>Treat Day</u>
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Pork sausage and mash served with sweetcorn, carrots and GF gravy.	Beef fajita and rice served with Mexican sweetcorn, roasted courgettes and folded flatbread.	Pasta carbonara served with broccoli, roasted butternut squash and garlic bread.	Roast chicken and stuffing served with roast potatoes, peas, carrots, Yorkshire pudding and GF gravy.	Doner meat in a folded flatbread with pickled red cabbage, red onion and iceberg lettuce served with chips and a mint yoghurt dressing.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Vegan sausage and mash served with sweetcorn, carrots and GF gravy.	Vegetable fajita and rice served with Mexican sweetcorn, roasted courgettes and folded flatbread.	Pesto gnocchi served with broccoli, roasted butternut squash and garlic bread.	Roasted vegetable tarte tatin served with roast potatoes, peas, carrots, Yorkshire pudding and GF gravy.	Chickpea falafel in a folded flatbread with pickled red cabbage, red onion and iceberg lettuce served with chips and a mint yoghurt dressing.
HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING
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