



# Birchwood High School

*your dreams, your future, our challenge*

PE Kit Guidance for Parents/Carers

Dear Parents/Carers,

Please see below reminder regarding PE kit.

**Years 7-9 Students basic kit requirements for all lessons are as follows:**

- White polo top
- Skort or shorts
- Hooped Birchwood socks for outdoor activities such as rugby, football and hockey or white ankle socks (indoor activities)
- Rugby shirt – where appropriate

During the colder months we would expect / encourage students to also wear extra layers as most lessons will be timetabled outdoors. Therefore, it is the students' responsibility to ensure that they are appropriately prepared for their lesson, taking into account the weather.

**Students may also wear:**

- Birchwood ¼ zip up jumper
- Plain black leggings or joggers
- Plain black jumper
- Plain black or white base layer long sleeved under shirt
- Dark coloured gloves can also be worn but if playing netball they must have a rubber type grip on the fingers/palms

**Students are also required to wear shin pads for all football and hockey lessons.**

Students may **not** wear:

- Hoodies of any kind
- Brightly coloured/ patterned tracksuits or extra layers
- Inappropriate length shorts

Birchwood branded items can be purchased from Esquared Clothing.

If you should have any questions please contact either myself [lperrett@birchwoodhigh.org.uk](mailto:lperrett@birchwoodhigh.org.uk) or Darren Jones [djones@birchwoodhigh.org.uk](mailto:djones@birchwoodhigh.org.uk)

Kind regards,

Laura Perrett

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