Birchwood High School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY BBQDAY	FRIDAY Treat Day
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Pork sausage plait served with potato wedges, baked beans and peas	Beef bolognaíse and pasta served with broccolí, carrots and garlíc bread.	Quíche Lorraine served with rosti potato, sweetcorn and salad.	Flame grilled chicken served in a sesame seed bun with oven chips and either salad or corn on the cob	Jumbo sausage roll serve with potato wedges, peas and baked beans
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Vegetable pasty served with potato wedges, baked beans and peas	Macaroní cheese served wíth broccolí, carrots and garlíc bread.	Cheese and onion quiche served with rosti potato, sweetcorn and salad.	Vegan burger served in a sesame seed bun with oven chips and either salad or corn on the cob	Cheese and oníon roll serve with potato wedges, peas and baked beans
Baguette with one of three different cold fillings	Baguette with one of three	Baguette with one of three	Served outside under aazebo	Baguette with one of three

served with tortilla chips.

aifferent cold fillings served with tortilla chips.

aifferent cold fillings served with tortilla chips.

weather permitting

with tortilla chips.

Birchwood High School Lunch

монрах	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY Treat Day
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Lamb kofta in a folded flatbread served with cous cous, roasted vegetables and green beans.	Gammon and pineapple served with new potatoes, mixed leaf salad and sweetcorn.	Chícken in a creamy sauce served with pasta, broccoli, carrots and garlic bread.	Grílled jumbo sausage ín a bun served wíth oven chíps and eíther míxed leaf salad or corn on the cob.	Grílled Doner meat wrapped in pitta bread filled with iceberg lettuce, red onion, red cabbage and minted yogurt dressing served with chips.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Vegetable tagine served with folded flatbread, cous cous, roasted vegetables and green beans.	Grilled aubergine served with new potatoes, mixed leaf salad and sweetcorn.	Pesto gnocchí served wíth broccolí, carrots and garlíc bread.	Vegan sausage in a bun served with oven chips and either mixed leaf salad or corn on the cob.	Grilled chickpea falafel wrapped in pitta bread filled with iceberg lettuce, red onion, red cabbage and minted yogurt dressing served with chips.
			Served outside	
Baguette with one of three different cold fillings served with tortilla chips.	Baguette with one of three different cold fillings served with tortilla chips.	Baguette with one of three different cold fillings served with tortilla chips.	under gazebo weather	Baguette with one of three different cold fillings served with tortilla chips.

We understand that food allergies can present a serious concern for some of our students. If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist. *Menu may be subject to change

permitting

Birchwood High School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE		
Breaded chicken in a katsu sauce served with rice, peas and sweetcorn.	Beef chíllí nachos served wíth a tomato salsa and creamed corn	Roasted chicken drumsticks and potato rosti served with green beans and carrots.	Flame grilled beef burger in a sesame seed bun with oven chips and either salad or corn on the cob.		
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE		
Sticky quorn sausages served with rice, peas and sweetcorn.	Vegetable chíllí nachos served with a tomato salsa and creamed corn	Stuffed red peppers and potato rostí served wíth green beans and carrots.	Halloumí burger ín a sesame seed bun with oven chíps and eíther salad or corn on the cob.	Happy Summer holiday	
VEGETARIAN COURSE Sticky quorn sausages served with rice, peas and	VEGETARIAN COURSE Vegetable chilli nachos served with a tomato salsa	VEGETARIAN COURSE Stuffed red peppers and potato rosti served with	VEGETARIAN COURSE Halloumí burger ín a sesame seed bun with oven chíps and either salad or	Summe	r

Baguette with one of three different cold fillings served with tortilla chips. Baguette with one of three different cold fillings served with tortilla chips. Baguette with one of three different cold fillings served with tortilla chips. Served outside under gazebo weather permitting