

Week commencing 7 October 2024

Birchwood High School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Pasta bolognaise served with garlic bread, green beans and sweetcorn.	Lamb kofta in folded flatbread served with cous cous, roasted butternut squash and peas.	Chilli con carne and rice served with green beans, carrots and taco chips.	Chicken and mushroom pie, served with roast potatoes, GF gravy, carrots, & honey roast parsnips.	Battered fish and chips with peas and baked beans.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Quorn pasta bolognaise served with garlic bread, green beans and sweetcorn.	Vegetable tagine in folded flatbread served with cous cous, roasted butternut squash and peas.	Quorn chilli and rice served with green beans, carrots and taco chips.	Stuffed butternut squash, served with roast potatoes, GF gravy, carrots, & honey roast parsnips.	Quorn fish fingers and chips with peas and baked beans.
HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.

We understand that food allergies can present a serious concern for some of our students. If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
*Menu may be subject to change

Birchwood High School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY Treat Day
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Katsu chicken and rice served with green beans and sweetcorn.	Beef rogan josh and rice, served with peas, sweetcorn and naan bread.	Pork sausage, mash and GF gravy served with green beans and carrots.	Beef and onion pie, roast potatoes and GF gravy served with carrots and peas.	Breaded chicken and chips with peas and baked beans.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Sticky Quorn sausages and rice served with green beans and sweetcorn.	Vegetable curry and rice served with peas, sweetcorn and naan bread.	Vegan sausage, mash and GF gravy served with green beans and carrots.	Leek and potato pie, roast potatoes and GF gravy served with carrots and peas.	Quorn chicken nuggets and chips with peas and baked beans.
HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw.

We understand that food allergies can present a serious concern for some of our students. If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.

*Menu may be subject to change

Week commencing 21 October 2024

Birchwood High School Lunch

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u> <i>Treat Day</i>
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Pasta bolognaise served with garlic bread, carrots and peas.	Jerk chicken and rice served with peas and sweetcorn.	Lamb kofta in a folded flatbread served with cous cous, roasted butternut squash and broccoli.	Roast chicken, roast potatoes and GF gravy served with green beans, carrots.	Beef burger and chips with peas and baked beans.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Quorn pasta bolognaise served with garlic bread, carrots and peas.	Jerk sweet potato & black bean curry served with rice, peas and sweetcorn.	Vegetable tagine in a folded flatbread served with cous cous, roasted butternut squash and broccoli.	Stuffed pepper, roast potatoes and GF gravy served with green beans, carrots.	Halloumi burger and chips with peas and baked beans.
HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING	HOTJACKET FILLING
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

We understand that food allergies can present a serious concern for some of our students. If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
*Menu may be subject to change