

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
10	<p>Tutor Time 1 – Liberty and Safety in my World 5 - Risk 6 - Assessment</p> <p>PSHCE Lesson 2 – How I feel when things end 3 – How social media affects m, my identity and my culture 4 – Rated</p>	<p>Tutor Time 1 – Equality: what does it mean to me in the UK? 2 – Equality in the workplace 3 – Multicultural society</p> <p>PSHCE lesson 4 – Power in relationships 5 – Challenging inequality 6 - Assessment</p>	<p>Tutor Time 1 – Relationships and goals 3 – Work/life balance 5 – Health goals and other people</p> <p>PSHCE lesson 2 – Me, my goals and my health 4 – Relationships and goals 6 - Assessment</p>	<p>Tutor Time 1 – My health MOT 4 - STIs 6 - Assessment</p> <p>PSHCE lesson 2 – Extraordinary bodies 3 – Extraordinary minds 5 – Safer sex</p>	<p>Tutor Time 1 – Healthier, long term relationships 2 – Love and loss 3 – Healthy connections</p> <p>PSHCE lesson 4 - Can you always believe what you see? 5 – Better together 6 - Assessment</p>	<p>Tutor Time 1 – Changing society and me 2 – Managing change and decision-making 6 - Assessment</p> <p>PSHCE lesson 3 – Identifying risk and managing personal safety 4 – Stereotypes and exploring relationships 5 – Physical and emotional changes</p>
11	Being Me in My World	Dreams and Goals	Healthy Me	Relationships		
	<p>Tutor Time 1 – Becoming an adult 5 – Emergency situation 6 - Assessment</p> <p>PSHCE Lesson 2 – Relationships and the Law 3 – The law and you 4 – Me, the internet and the law</p>	<p>Tutor Time 2 – Money and debt 3 – Dream Jobs and skill set 6 – Assessment</p> <p>PSHCE Lesson 1 – Managing anxiety and overwhelm 4 – My future relationships 5 – What to do when things go wrong</p>	<p>Tutor Time 3 – Hormonal health 5 - Pregnancy and choice 6 - Assessment</p> <p>PSHCE Lesson 1 – Self worth 2 – staying safe in sexual relationships 4 – contraception and sexual health</p>	<p>Tutor Time 2 – Gender diversity and sexuality 5 – Illegal and harmful cultural and social practices 6 - Assessment</p> <p>PSHCE Lesson 1 – Intimate romantic relationships 3 – Coming out as LGBT+ 4 – Who holds all the cards?</p>		

KS4 (Year 10) – Being Me in My World (Autumn 1)

<p>Puzzle Being Me in My World</p>	<p>Piece 1 - Form time lesson</p> <p>Liberty and safety in my world</p> <p>Link to PPT</p>	<p>PSHE Learning Intentions</p> <p>I can list the freedoms I enjoy in society</p> <p>I can describe what personal freedom means to me</p> <p>I can describe my understanding of safety</p> <p>I can identify potential risks to my safety</p> <hr/> <p>Social and Emotional Skills Learning Intentions</p> <p>I understand that this can differ in other parts of the world</p> <p>I can compare my freedom and safety to that of teenagers in different parts of the world</p>
<p>Puzzle Being Me in My World</p>	<p>Piece 2</p> <p>How I feel when things end</p> <p>Resources – See Jigsaw Platform</p>	<p>PSHE Learning Intentions</p> <p>I can describe the stages of grief</p> <p>I know where to appropriately get help and support with loss and bereavement issues</p> <p>I can discern which online sources or support in regards to loss/grief are helpful or not</p> <hr/> <p>Social and Emotional Skills Learning Intentions</p> <p>I understand the range of emotions associated with relationships ending</p> <p>I understand the behaviours that some people experience as a result of grief, this can be on or off-line</p> <p>I can identify some of the ways some individuals manage grief and loss</p>
<p>Puzzle Being Me in My World</p>	<p>Piece 3</p> <p>How social media affects me, my identity and culture</p>	<p>PSHE Learning Intentions</p> <p>I recognise the positive and negative role of social media</p> <p>I understand the impact social media has on culture and identity</p> <p>I recognise how online data is used both positively and negatively</p> <hr/> <p>Social and Emotional Skills Learning Intentions</p> <p>I can reflect on how social media can impact on safety</p>
<p>Puzzle Being Me in My World</p>	<p>Piece 4</p> <p>Rated!</p>	<p>PSHE Learning Intentions</p> <p>I can identify potential threats to online safety</p> <p>I understand “netiquette” and legislation relating to online safety</p>

		<p>I can state decision-making process regarding what you post online</p>
		<p>Social and Emotional Skills Learning Intentions I can critically assess own online identity</p>
<p>Puzzle Being Me in My World</p>	<p>Piece 5 Risk</p>	<p>PSHE Learning Intentions</p> <p>I can identify potential threats to safety in a range of situations on and offline</p> <p>I can describe actions to mitigate risk in a range of situations</p> <p>I know how to get help if personal safety is threatened</p>
		<p>Social and Emotional Skills Learning Intentions I know some strategies for managing my feelings about how my world is changing</p>
<p>Puzzle Being Me in My World</p>	<p>Piece 6 Assessment</p>	<p>PSHE Learning Intentions</p> <p>I understand how to stay safe in my online and offline relationships</p>
		<p>Social and Emotional Skills Learning Intentions I know some strategies for managing on and offline relationships, positively</p>

KS4 (Year 11) – Being Me in My World (Autumn 1)

<p><u>Puzzle</u></p> <p>Being Me in My World</p>	<p>Piece 1</p> <p>Becoming an adult</p>	<p>PSHE Learning Intentions</p> <p>I can state what ‘being an adult’ means to me</p> <p>I can give some examples of legislation that affects me at 16</p> <hr/> <p>Social and Emotional Skills Learning Intentions</p> <p>I can identify things I am looking forward to in adulthood, and things that concern me</p> <p>I know where to access help and information if I am worried or concerned about anything</p>
<p><u>Puzzle</u></p> <p>Being Me in My World</p>	<p>Piece 2</p> <p>Relationships and the law</p>	<p>PSHE Learning Intentions</p> <p>I can give examples of legislation that relates to sex and relationships</p> <p>I know about the legal status of different relationships e.g. marriage, civil partnership, co-habitation</p> <p>I can explain why coercive control, sexual harassment and sexual violence in relationships is unacceptable, illegal and the consequences of this</p> <hr/> <p>Social and Emotional Skills Learning Intentions</p> <p>I can suggest ways to keep myself and others safe in regard to healthy and positive relationships</p> <p>I know how and where to access advice and support if I am concerned about a sex or relationship matter</p>
<p><u>Puzzle</u></p> <p>Being Me in My World</p>	<p>Piece 3</p> <p>The law and you</p>	<p>PSHE Learning Intentions</p> <p>I can give examples of legislation around the possession and supply of drugs, tobacco and other substances</p> <p>I can assess the impact of substance supply and misuse on the range of people involved in a scenario including coercive control</p> <hr/> <p>Social and Emotional Skills Learning Intentions</p> <p>I can suggest ways to keep myself and others safe in regard to alcohol and substances</p> <p>I know how and where to access advice and support if I am concerned about the misuse of power or coercive control</p>
<p><u>Puzzle</u></p> <p>Being Me in My World</p>	<p>Piece 4</p> <p>Me, the internet and the law</p>	<p>PSHE Learning Intentions</p> <p>I can give examples of legislation in reference to online activity</p> <p>I can assess the impact of illegal online activity and misuse of technology on a range of people</p>

		<p>I can explain why pornography is legislated against and the potential consequences of viewing pornography</p>
		<p>Social and Emotional Skills Learning Intentions</p> <p>I know how and where to access advice and support if I am concerned about the misuse of technology</p>
<p><u>Puzzle</u></p> <p>Being Me in My World</p>	<p>Piece 5</p> <p>Emergency situation</p>	<p>PSHE Learning Intentions</p> <p>I know the steps to take in an emergency situation including assessment of the situation, making the area safe, giving emergency aid, accessing help</p> <p>I can apply this knowledge to a range of scenarios where emergency aid may be needed</p>
		<p>Social and Emotional Skills Learning Intentions</p> <p>I am aware of the feelings I might encounter when faced with an emergency situation and how those requiring my help might feel</p>
<p><u>Puzzle</u></p> <p>Being Me in My World</p>	<p>Piece 6</p> <p>Assessment</p>	<p>PSHE Learning Intentions</p> <p>I know some of the rights, responsibilities and laws that affect me</p>
		<p>Social and Emotional Skills Learning Intentions</p> <p>I acknowledge that I can accept or reject influences in my life to be a responsible citizen</p>